



Health
Year at a Glance (YAG)
2021-2022



First Semester		Second Semester	
1st Nine Weeks – 41 days (August 16 th – October 13 th) <i>(September 6th – Labor day – No School)</i> <i>(October 11th – Staff Development)</i>		3rd Nine Weeks – 43 days (January 3 rd – March 4 th) <i>(January 1st – MLK – No School)</i> <i>(March 7th – 11th – Spring Break)</i>	
TEKS 115.32(b) 1ABCDEFGH, 4AB, 5ABD, 9AB, 10A, 11ABC, 12BC, 13BC, 14ADEFG, 15A, 16ABC, 17BCD, 18ABC	Unit 1 –Health and Your Wellness (2.2 Weeks) <ul style="list-style-type: none"> • Leading a Healthy Life • Skills for a Healthy Life Unit 2-Mental Health (2.2 Weeks) <ul style="list-style-type: none"> •Self-^o©-esteem and Mental Health • Managing Stress and Coping with Loss Unit 3- Health and Your Body (1.2 Weeks) <ul style="list-style-type: none"> • Physical Fitness for Life • Nutrition for Life • Weight Management and Eating Behaviors. 	TEKS 115.32(b) 1ABCDEFGH, 4AB, 5ABD, 9AB, 10A, 11ABC, 12BC, 13BC, 14ADEFG, 15A, 16ABC, 17BCD, 18ABC	Unit 1 –Health and Your Wellness (2.2 Weeks) <ul style="list-style-type: none"> • Leading a Healthy Life • Skills for a Healthy Life Unit 2-Mental Health (2.2 Weeks) <ul style="list-style-type: none"> •Self-^o©-esteem and Mental Health • Managing Stress and Coping with Loss Unit 3- Health and Your Body (1.2 Weeks) <ul style="list-style-type: none"> • Physical Fitness for Life • Nutrition for Life • Weight Management and Eating Behaviors.
2nd Nine Weeks – 42 days (October 14 th – December 17 th) <i>(November 22nd– 26th – Thanksgiving Break)</i> <i>(December 20th – January 3rd – Holiday Break)</i>		4th Nine Weeks – 51 days (March 14 th – May 27 th) <i>(April 8th – Good Friday – No School)</i> <i>(April 15th – Battle of Flowers – No School)</i>	
TEKS 115.32(b)1JK, 2ABCDEFGH, 3ABCD, 4C, 5C, 6ABC, 7ABCDEFGH, 8ABCDEF, 10B, 12A, 13A, 14BC, 15BC, 17AE	Unit 4-Drugs (3 Weeks) <ul style="list-style-type: none"> • Understanding Drugs and Medicines • Alcohol • Tobacco/Vaping • Illegal Drugs Unit 5-Disease and Disorders (2.2 Weeks) <ul style="list-style-type: none"> • Preventing Infectious Diseases • Lifestyle Diseases Unit 6-Adolescence, Adulthood and Family Life (1.2 Weeks) <ul style="list-style-type: none"> • Adolescence and Adulthood • Marriage, Parenthood, and Families Parenting and Paternity Awareness P.A.P.A Unit 6- Reproductive Health (1.2 Weeks) <ul style="list-style-type: none"> • Reproduction, Pregnancy and Development 	TEKS 115.32(b)1JK, 2ABCDEFGH, 3ABCD, 4C, 5C, 6ABC, 7ABCDEFGH, 8ABCDEF, 10B, 12A, 13A, 14BC, 15BC, 17AE	Unit 4-Drugs (3 Weeks) <ul style="list-style-type: none"> • Understanding Drugs and Medicines • Alcohol • Tobacco/Vaping • Illegal Drugs Unit 5-Disease and Disorders (2.2 Weeks) <ul style="list-style-type: none"> • Preventing Infectious Diseases • Lifestyle Diseases Unit 6-Adolescence, Adulthood and Family Life (1.2 Weeks) <ul style="list-style-type: none"> • Adolescence and Adulthood • Marriage, Parenthood, and Families Unit 6- Reproductive Health (1.2 Weeks) <ul style="list-style-type: none"> • Reproduction, Pregnancy and Development Parenting and Paternity Awareness P.A.P.A



**Health
Year at a Glance (YAG)
2021-2022**



	<ul style="list-style-type: none"> • Building Responsible Relationships • Risks of Adolescent Sexual Activity • HIV and AIDS 		<ul style="list-style-type: none"> • Building Responsible Relationships • Risks of Adolescent Sexual Activity • HIV and AIDS
--	---	--	---

Resources

1st Nine Weeks	2nd Nine Weeks	3rd Nine Weeks	4th Nine Weeks
Alamo Heights Fire Department Health Textbook	<i>San Antonio AIDS Foundation</i> <i>EVERFI.com</i> <i>Truth About Drugs Online Resources</i> <i>Health Textbook</i> <i>P.A.P.A Curriculum office of Attorney General</i>	Alamo Heights Fire Department Health Textbook	<i>San Antonio AIDS Foundation</i> <i>EVERFI.com</i> <i>Truth About Drugs Online Resources</i> <i>Health Textbook</i> <i>P.A.P.A Curriculum office of Attorney General</i>