

PARENTS AS PARTNERS

Educational Development Center

705 Trafalgar

San Antonio, TX 78216

(210)442-3700

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TxP2P

**17th Annual Parent
Conference**

July 22 & 23

**Hyatt Regency,
Austin, Texas**



Mya Gonzales

Contributed by Mary Gonzales

We were living in Stillwater, Oklahoma when halfway through our pregnancy, we found out that our baby would have Down Syndrome. During the second half of our pregnancy, we educated ourselves about this new world we would be entering.

My husband, who is a football coach, made a call to Coach Gene Stallings, who had a son with Down Syndrome. This led to us learning about the Rise School at the University of Alabama, which is an inclusive pre-school. We visited Tuscaloosa and also the Rise Schools that opened in Dallas and Austin. Mack Brown, who was the head coach at the University of Texas, encouraged us to open a similar school in Stillwater.



Spring 2022

After Mya was born in Stillwater, we raised funding and were able to open the Rise School of Stillwater when Mya had just turned 2. After the first year, the school became affiliated with Oklahoma State's Early Childhood Center. During these 2 years, she learned all of her letters and the sounds they made. When she was almost 4, we found out we'd be moving to San Antonio.

Here in San Antonio, she attended Brighton pre-school for several years and then started kindergarten in NEISD. She was reading all her sight words starting in kindergarten. When she was getting ready to enter 4th grade, we found ourselves at a point that we needed teachers who believed that Mya needed to be pushed and were able to meet her at the level she was at as an individual, not just a special education student. After researching the districts, we decided that Alamo Heights would be a good choice for her.

Mya started at Cambridge in 4th grade, then moved to the Junior School, and is finishing her second year now at the High School. We have had a great experience in Alamo Heights and are grateful for all of the teachers that she's had. Ms. Martinez and Mrs. Rechterovic are so good at meeting her where she is at and then pushing her to go beyond that. They truly care that Mya is in the best situation that she can be in!



Sweet reunion: Mya and dad, Jimmy, Spring Break 2022



Mya with mom and sisters Danica and Lea visiting Paris in 2017

During her first two years of high school, Mya has participated on the Spurs Dance team. She has danced for 2-3 hours per day with her team, performed at football games, cheered at basketball games and loved being a part of a team. The discipline, teamwork, memorization, self-organization, and having to function in a "typical" world with her team has been an invaluable experience in preparing her for life in the future!

Due to the time commitment of being a Spur, Mya doesn't have a lot of other activities. She takes private dance lessons in Boerne every Saturday and recently she started attending Capernaum with Young Life and loves the social and spiritual aspect of this group of young people.

Last summer, Mya's dad got offered a job working with the football team at UTEP in El Paso. We believe so strongly in the value of the experience that she is having here in Alamo Heights that we opted to stay behind so that she can finish her high school years in this wonderful environment. We travel back and forth as much as we can, which is difficult between UTEP's football schedule and Alamo Heights football schedule! We truly believe that the sacrifice of being apart for these 3 years is worth the benefits that Mya will receive from Alamo Heights High School.

Mya's Top 3 AHHS Highlights

- ✦ #3 Culinary Class: "I love to cook with my friends [and] learn about breads"
- ✦ #2 Spring Show: "I love going with my friend Dani. I am so excited to go this year. I like watching the solos."
- ✦ #1 Spurs Dance Team: "I love to be part of my Spurs Dance team; working on skills, doing our Spurs chant at the end of practice, and having lunch with my team!"

Hello from Howard ECC

Howard welcomed another wonderful teacher to the lineup of talented and dedicated Special Education teachers this year, Mrs. Betty Scott. Mrs. Scott holds education certifications in Early Childhood thru 12th grade, English as Second Language Early Childhood thru 12th grade, and General Education Early Childhood thru 4th grade.



After teaching general education classes for 20 years, serving in districts across the state, Mrs. Scott decided to focus her passion on teaching students with varied abilities. Her class, endearingly named mini-Mules, is composed of 23 students. The students start in the class as 3 year olds and transition into the Pre-K4 class the following school year. Fifteen students receive specialized instruction, the other 8 students are general education students who are the children of teachers in the district who pay for the preschool program. According to Ms. Hargrove, Special Education Coordinator at Howard ECC, Mini-mules "is a unique program because it allows our 3 year old Special Education students to have typically developing peer role models". The peer role model is one that is used throughout the career of all special education students across every campus and benefits not only the student receiving

Special Education services, but also the peer tutors (as they are referred to in Junior and High School; more on this later).

Along with the help of Ms. Natalie Cantu the special education assistant and Ms. Julie Romero, the general education assistant, Mrs. Scott teaches her students everything they need to know to be ready for Pre-K4. They work on colors, letters, numbers, gross and fine motor skills, and a host of everyday skills. Mrs. Scott says that her favorite part of her job is “Watching their faces light up with learning and discovering new things”. Mrs. Scott encourages parents to ask questions when they don’t understand something about their child’s education plan and welcomes them to contact her. She can be reached by email at bscott@ahisd.net or by phone at 210-832-5900, ext. 1147 or by mobile phone at 830-499-4377; her conference period is from 2:15-3:15, Monday thru Friday.

Mrs. Scott is married to Paul Scott and together they have a daughter, Kylie (19) and two sons, Paul Jr. (17) and Andy (16). The family’s pets include their dog Chole and cat Sakura. The family moved back to San Antonio four years ago from Willis, Texas, but she is originally from Houston where she attended the University of Houston. In the summers, she likes to spend her free time swimming and tubing the river or RVing on South Padre Island.

Howard ECC newest Unified Champion school

Howard ECC has joined other Alamo Heights campuses as a Unified Champion school. The youngest group of Champions of change are sponsored by Leica Flores and Stephanie Lopez.



L-R: Amelia Bemis, Rosie McMahon, Monae Berry, Maddie Karoly, Madison Embrey, Trebes Sasser along with Ms. Flores and Ms. Lopez

Cambridge Elementary



Meagan Rangel would probably be the first to admit that she has big shoes to fill. Taking over the behavior classroom at Cambridge when Kelly Masters took a sabbatical after her most recent seven year stint has to have been a challenge, but Meagan is used to crushing challenges.

Meagan began teaching 15 years ago and initially started off as a coach and 6th grade English Language Arts teacher. She was assigned a group of students who had not had great academic success in the past, most notably, they'd not passed the state test the prior year. The year they were in Meagan's class, they passed. Meagan's principal suggested that she consider working with students in Special Education and/or in a DAEP setting. She's been working in Special Education ever since, supporting students ranging in ages from 5-22. She has spent her teaching career in 3 different school districts before coming to Alamo Heights.

The goal of an ACE (Alternative Classroom Environment) teacher is to teach students how to cope with feelings in better, more appropriate, ways. Meagan stresses that all of us have something that we don't deal with well, some of us are just better at hiding it. Meagan teaches them that they can do hard things and that they should celebrate their small victories and build from them. Meagan is filled with pride when her students come running up to her to tell her how successful they were at school and loves to point out how **THEY** did the hard work, she comes alongside to help if they need it. Meagan also provides support to the families of her students since the behavior rarely manifests in just one area of an individual's life. She reminds families that whatever challenge or difficulty they're experiencing, it is only temporary as their child is growing. She wants parents to know that someone loves their child *because* of the victories over those daily

challenges. She also wants parents to understand that they are not alone and that their child's differences are ok. She believes her role is to figure out how each child works and find all the ways that lead to his or her success. Meagan believes in acknowledging and praising the small wins because they lead up to the bigger victories. She reminds parents that setbacks, besides being natural, are needed for learning and growth. "Growth takes time and most undesirable behaviors are just bad habits that need to be replaced with better ones".

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Meagan and her husband have two daughters who attend school in Alamo Heights. Peyton is a 6th grader and Dallas is a 2nd grader. The family loves spending time together and during football season, attending UTSA football games. The family loves spending time on the water and alternates between time at the beach or at their river house.

Welcome baby Flores!

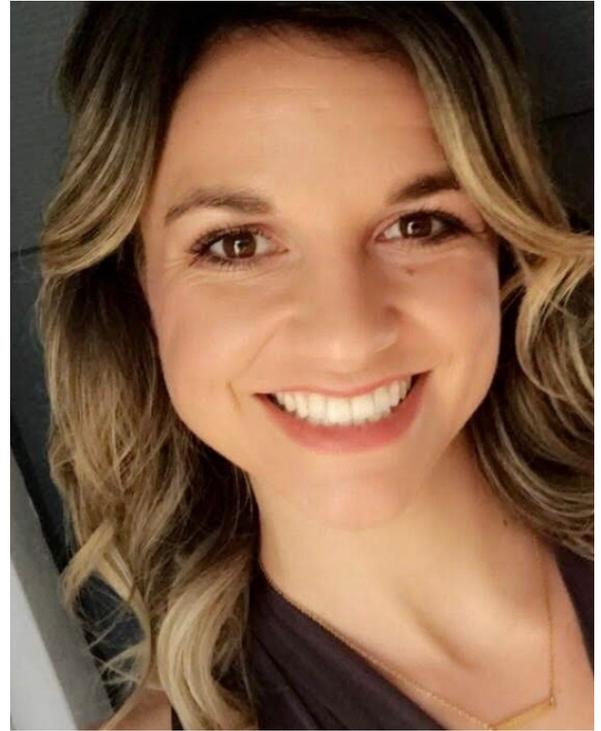
Cambridge teacher, Cinthia de los Santos, along with her husband, Roberto Flores welcomed their son, Benjamin Adriel Flores on December 21st, 2021. Benjamin weighed 6 lbs, 15 oz. and measured 19cm in length. Cinthia enjoyed bonding time at home with Benjamin and recently returned to her class.



The cutest stocking gift!

Congratulations Dr. Woods!

Darcilyn Woods recently earned her Doctorate in Educational Leadership with an emphasis in Special Education. She defended her dissertation, *Surviving Burnout: Special Education Teachers with Longevity* last month. The dissertation is a qualitative descriptive study on the coping strategies, and their efficacy, that special education teachers employ to manage their workload. Ms. Woods has been one of the lead teachers in the Student Support Team (SST) classroom at the Junior School for 5 years. Congratulations on a job well done!



New Faces at AHHS

Shawn Mahan has been a teacher for a long time; 22 years to be exact. He's taught World History, US History, and Texas History in 4 school districts prior to bringing his skill set to Alamo Heights this year. It's only in the last two years that Shawn has entered the realm of Special Education. He now serves students on his caseload as in-class support in English II, Biology, Government/Economics and World History. Mr. Mahan describes his role as a facilitator of a student's learning opportunities while ensuring that any accommodations a student may need are properly implemented. He monitors the grades and progress of his students to help them be successful. What Shawn finds most rewarding about working with his students is finding alternate paths for them to achieve success, "especially when students have been struggling to find strategies that help them learn". As a partner of parents, Shawn encourages them to ask questions and utilize their child's case manager; "Parents should not feel like they are being bothersome or a nuisance when they express concerns- that is what we are here for". Mr.



Mahan is happy to answer questions during his conference period (10:20-11:55 on Blue days, 2:30-4:00 on Gold days) or by email. He can be reached at smahan@ahisd.net.

Shawn and his wife Jennifer have been married for 20 years. He is originally from Tucson, Arizona but grew up in Midland, Texas. He attended Austin College in Sherman, Texas where he majored in History and minored in Spanish. The Mahans have a son, Kyle, a senior at Johnson High School and a daughter, Jules, an 8th grader at AHJS. The family has three dogs; a boxer named Bo, a

golden retriever named Belle, and a pug named Bridget. The family spends their summers and much of their free time watching Kyle and Jules play in golf tournaments. When he isn't rooting for his kids on the greens, Mr. Mahan enjoys a round of golf, down time with his family, watching movie, and collecting vinyl records.

Brandi Rechterovic

HS SST Teacher

Brandi Rechterovic has known she wanted to work in Special Education since she was a sophomore at East Central High School here in San Antonio. She had a friend whose sister had special needs, and they would always hang out whenever Brandi would go over. When her friend's sister passed away, Brandi knew that she wanted to and had to work in a Special

Education setting. It became her passion to help and advocate for the Special Education population. The San Antonio native moved back home last summer after six years. Brandi graduated from Southwestern University in Georgetown (class of 2019) where she was a student athlete at Southwestern University and then spent two years teaching and coaching in Round Rock ISD. She comes from a very close-knit family, so she's thrilled to be back near them.



Brandi, or Rech (short for Rechterovic) as her students call her, began teaching at Alamo Heights last August and has quickly acclimated to her new classroom. Besides teaching reading, English, speech and health classes, she is the case manager for 11 students. Case management involves the oversight of a student's Individual Education Plan (IEP) and ensuring that everyone is following it so that a student has the support he or she needs to meet his/her individual goals. A case manager also ensures that all of a student's paperwork and evaluations are up to date. That's a big task given that a teacher is always having to tweak and modify lessons for each student. Brandi derives a great deal of satisfaction "seeing the amount of growth students can make from the beginning of the year to the end." She also says that she enjoys learning their interests, their likes and dislikes, but the most rewarding thing is building relationships with her students. Brandi believes that when a relationship exists between student and teacher, students become active participants in their learning.

Brandi believes that having a relationship with parents is equally important as, together, a teacher and parent are part of the student's ARD (Annual Review and Dismissal) *Committee*. This is a partnership where all the stakeholders are committed to the most successful outcome of the

individual student. In that light, she encourages parents to communicate expectations early with case managers. Especially as students enter high school, more questions arise about transition plans and about life after high school. She pledges to help you find the answers if she doesn't readily have them.

On a personal note, Brandi married her husband John in November. They share their home with their dog, Remi. They enjoy spending summers going to the river and traveling. Brandi does a lot of self-reflection through journaling, reading, and exercise.

Take Me Out to the Ball Game!

A HUGE thanks to Alamo Heights Little League for their donation to Alamo Heights Special Education through the "Challenger Day" on April 2nd. AHLL donated a portion of the proceeds from the sales at the concession stand to the Special Education department. "The Challenger League is a great testament to our wonderful community that supports inclusion inside and outside of the classroom. We look forward to the great things we can provide students through this donation." noted Austin Amaro, AHHS Special Education Coordinator in a letter to the AHLL board.



Well Done!



Congratulations to AHHS Freshmen Wyatt Harrison and Sebastian Robelo who both earned the Gold Level President's Volunteer Service Award through local service group, Teens Give Back. The President's Volunteer Service Award (PVSA) is the nation's premier volunteer recognition program. The award "honors individuals whose service positively impacts [their] communities". Both young men volunteered their time in various aspects and with different philanthropic agencies in the greater San Antonio community. Wyatt volunteered 100 hours in 10 months with Snack Pak 4 Kids and Loaves & Fishes while Sebastian earned 111 hours

volunteering with Olmos Park Youth Foundation and Texas Diaper Bank. Congratulations Sebastian & Wyatt!

Congratulations Class of 2022

We are so proud of your perseverance and dedication.

"What lies behind us and what lies before us are small matters compared to what lies within us." –Ralph Waldo Emerson

UNIFIED CHAMPIONS

Emma Herrera and Alden Jonas spoke at the Breakfast of Champions for the Special Olympics Summer Games recently held at Morgan's Wonderland. As co-Presidents of the Unified Champions club the young ladies discussed the impact that Unified has had in each of their lives and on the campus of Alamo Heights High School. The pair were invited to speak as the teen representatives of Unified Champions schools in the greater San Antonio area.

Emma will graduate this year and go to Lawrence University in Wisconsin where she will pursue a double major in occupational and music therapy.

Alden is wrapping up her junior year and has served on the Unified Champions leadership board for two years at the high school. Alden and her peers helped start the UC club at Alamo Heights Junior School in 2018. She loves bringing new experiences and sharing events with all of her peers.



Parent Liaison

Michelle Harrison



What a great and event filled year we've had; it's hard to believe the 2021-22 school year is coming to a close. We have many wonderful things to celebrate; from our AH-mazing teachers (congrats to Bella Martinez named HS Teacher of the Year), our inclusive environment (Howard and Woodridge both became Unified Champions schools), to our inspirational students (Mya Gonzales, Wyatt Harrison, Sebastian Robelo, Alden Jonas and Emma Herrera, to name a few). The work for inclusion at Alamo Heights is evident in the friendships we see both in and out of the classroom. I continue to be inspired by the students in our district who model what living Unified means; for them it's not a stretch, it's genuinely become a way of life for them. That gives me so much hope. Just this weekend, I was witness to a sweet moment between seniors Lena Culp and Sasi Veldt during the Baccalaureate service; another testimony to the benefits of living Unified for all stakeholders.

I hope the summer months bring you rest and opportunities to appreciate all the growth that your student has undergone in the last year. Celebrate the process as much as the achievement. While the summer brings less structure, which is both a blessing (no more packing lunches!) and a little frustrating; lean into the tension because that's where we as parents and caregivers have the opportunity to expand our appreciation for the terrific individuals our kids are. Is it hard? You bet it is. Is it worth it? Without a doubt.

My hope for you is that this summer is filled with more highs than lows.

Grace & Peace,

A handwritten signature in blue ink that reads "Michelle Harrison". The signature is written in a cursive style and is placed on a light-colored, textured background.

July 22
& July
23, 2022

Texas Parent to Parent is pleased to invite you to attend the TxP2P 17th Annual Parent Conference



We hope you'll join us this summer in Austin as we celebrate our **17th Annual Parent Conference!** We're very excited about our speakers, exhibitors, and keynote speaker this year! Hope you can join us!

This year's conference brings you 42 sessions to choose from that cover a great array of topics, including behavior, advocacy, transition, special education, mental health, parenting and self-determination issues. We know it's hard to choose just one session per time slot but pick the one that applies to where you are now – we'll be back next year.

There are several changes to the conference this year:

- We are at a new hotel – Hyatt Regency Austin.
- You will not have to pick your sessions for the conference when registering. The meeting rooms have enough space to accommodate most of the sessions we need. However, when a room fills up, the Session Facilitator will not allow any more people in the room.
- **Family Fun Night** is still on Friday evening – it's for the whole family and we'll have kid activities followed by dinner with time to visit with old and new friends. We will have games set up from 5:30 – 6:30 p.m. provided by our top sponsors, entertainment and dinner from 6:30-7:30 p.m. We'll end with time for families to go to the pool. **Registration for the Family Fun Night is required**, so don't forget to sign up when you submit your conference registration forms.
- In an effort to help save some trees, we will have a conference app for the conference this year. You will be able to read more about it and tell us your preference in the registration form.

And for the kids, as has been our custom, **childcare** will be available during conference hours so that you can attend sessions all the while knowing that your children are close by and in a safe environment. If you have a teen or young adult, we will again be holding the **Peer to Peer Summit** or if they are interested, **they can also attend sessions at the conference**, using P2P Summit as a home base or simply attend as a Self-Advocate without going to the Summit. And for siblings, we have our popular **Sibshop**. See page 4 for the descriptions on all these groups and read them carefully – each one comes with its own set of requirements. Hope to see you next year!

OUR 2022 KEYNOTE SPEAKER



Karyn Harvey, Ph.D. Karyn has worked as a clinician in the field of intellectual disabilities for over 30 years. She has her Ph.D. in Applied Developmental Psychology from the University of Maryland. She has published articles about therapeutic interventions with individuals with intellectual and developmental disabilities (IDD), workbooks for individuals with IDD and two books. Her first book, Positive Identity Development was published in 2009 and Trauma –Informed Behavioral Interventions, published in 2011. Her third book, Trauma and Healing will be released in 2022 by AAIDD. She is the director of program development and training for the Park Ave Group practice where she does both individual and group therapy. In addition, she regularly conducts trainings on trauma-informed care and coping with COVID for both state and individual organizations throughout the country and in Canada.

Turning the COVID corner and the Path to Resiliency: Saturday, 10:30 – 12:00 pm Zilker Ballroom

Karyn will explore both traumas and triumphs we all experienced getting through the pandemic. She will also address resiliency and the many ways in which we have built our strengths. Then she will discuss happiness and moving forward!

NEW THIS YEAR-Affordable Connectivity Program:

Get Pre-qualified Now!

We are excited to let you know about a brand new benefit program provided by the FCC called the Affordable Connectivity Program. Anyone that is currently receiving benefits from any of the programs in the next box is eligible to receive a brand new Android 11 tablet along with a full year of high speed internet on the tablet (up to 25GB per month)! There is only a low, one time activation fee of \$20 that is required by the FCC, but other than that, there are no other monthly fees, contracts or commitments. For more information, you can visit the FCC's website that discusses this program: www.fcc.gov/apc For additional information, please visit www.acpenroller.com Pre-registration link for the conference: <https://acpenroller.com/?form=rsvp&affiliate=8&event=23>

Benefits:

- SNAP (also known as Food Stamps)
- Medicaid
- Supplemental Security Income (SSI)
- Federal Public Housing Assistance
- WIC
- Veterans Pension and Survivors Benefit
- Federal Pell Grant recipients in the current award year
- Free and Reduced-Price School Lunch Program or School Breakfast Program

You may also qualify if your income is at or below 200% of the [Federal Poverty Guidelines](#)

**Julio 22 y
Julio 23,
2022**

Texas Parent to Parent se complace en invitarles a su 17^a Conferencia Anual para Padres



¡Esperamos que nos acompañe este verano en Austin y participar en nuestra **17^a CONFERENCIA ANUAL PARA PADRES!** ¡Estamos emocionados con los presentadores, exhibidores y el orador principal de este año! La conferencia de este año contará con 42 sesiones para escoger, las cuales cubrirán una gran variedad de temas que incluyen comportamientos, abogacía, transición, educación especial, salud mental y autodeterminación. Sabemos que es difícil escoger solamente una sesión, pero seleccione la que sea de mayor interés para usted en este momento, regresaremos el próximo año.

Tendremos algunos cambios para la conferencia de este año:

- Estaremos en el hotel – Hyatt Regency Austin.
- No tendrá que elegir sesiones al registrarse. Los salones cuentan con suficiente espacio para alojar a un número grande de asistentes. Sin embargo, si alguna de las sesiones se llegara a saturar, el facilitador de la sesión no permitirá el ingreso de más personal al salón.
- **La noche de entretenimiento familiar** seguirá siendo el viernes por la tarde. Será para toda la familia. Contaremos con actividades para niños seguida con una cena para que aproveche para saludar a las viejas amistades y hacer nuevas. **Nuestros patrocinadores principales** nos ofrecerán juegos y actividades de 5:30 a 6:30 p.m., y la cena será de 6:30 a 7:30 p.m. Terminaremos temprano para que las familias tengan oportunidad de divertirse en la alberca. **Se solicita que se inscriba para la noche de entretenimiento familiar**, así que no se olvide de inscribirse cuando someta las formas de inscripción para la conferencia.
- En un esfuerzo para salvar árboles, este año usaremos una aplicación móvil con información de la conferencia. Incluiremos más información sobre esta aplicación si en su inscripción nos indica que si desea bajarla a su celular y usarla.
- Y para los niños, como de costumbre, nuestra guardería estará disponible para que usted pueda asistir a todas las sesiones sabiendo que su hijo se encuentra cerca en un ambiente seguro. Si usted tiene un adolescente o joven adulto, estaremos ofreciendo el “**Peer to Peer Summit**” o si ellos desean también pueden asistir a las **sesiones de la conferencia**, y para los hermanos tenemos nuestro popular **SibShop**, vea la página 4 para las descripciones de los grupos, léalos, cada una viene con sus propios requisitos.

Nuestra conferencista estrella



Karyn Harvey ha trabajado como médico en el campo de las discapacidades intelectuales durante más de 30 años. Ella tiene su doctorado en Psicología Aplicada del Desarrollo de la Universidad de Maryland. Ha publicado artículos sobre intervenciones terapéuticas con personas con discapacidades intelectuales y del desarrollo (IDD). Su primer libro, *Positive Identity Development*, fue publicado en 2009. Su tercer libro, *Trauma and Healing*, será publicado en 2022 por AAIDD. Es directora del desarrollo de programas y capacitación para la práctica de Park Ave Group, donde realiza terapia individual y grupal. Además, realiza regularmente capacitaciones sobre atención informada sobre traumas y sobre cómo hacer frente a Covid para organizaciones estatales e individuales en todo el país y en Canadá.

Dándole la Vuelta al COVID y el camino hacia la resiliencia – sábado 10:30 – 12:00 pm Zilker Ballroom

Esta platica analizará los traumas y triunfos que todos hemos experimentado para salir adelante durante la pandemia. Hablará también sobre la resiliencia y las muchas formas en las que hemos desarrollado nuestras fortalezas. Por supuesto también hablará sobre la felicidad y de cómo seguir adelante.

¡ESTE AÑO CONTAMOS CON UNA NUEVA AYUDA!

Nos emociona informarle sobre el nuevo beneficio que el programa de FCC llamado **Programa Económico de Conectividad** está ofreciendo. Si ya está recibiendo ayuda de los programas que se mencionan abajo, es eligible para recibir una tableta Android 11 nueva que contará con un año de servicio internet gratis de alta velocidad (¡hasta 25GB al mes!). La FCC requiere un único pago de \$20 para la activación, ¡pero nada más! No requiere pagos mensuales, ni contratos ni ningún otro tipo de compromiso. Para conocer más sobre el programa visite: www.fcc.gov/apc Para información adicional

www.acpenroller.com

Enlace de pre-registro para la conferencia:

<https://acpenroller.com/?form=rsvp&affiliate=8&event=23>

Beneficios:

- SNAP (Food Stamps - estampillas para comidas)
- Medicaid
- Ingreso de Seguro Social Suplementario (SSI)
- Asistencia Pública Federal para Vivienda
- WIC
- Pensión para los veteranos de guerra y ayuda para sobrevivientes
- Si este año recibe ayuda del fondo federal Pell
- Si está inscrito en el programa gratuito de desayunos escolares o si recibe descuentos del programa escolar de desayunos.
- También podría calificar si su ingreso es igual o menor al 200% del porcentaje establecido en los lineamientos federales contra la pobreza.