



**Alamo Heights Independent School District  
Approved Off-Campus  
Physical Activity Programs for PE Credit**

**Category I**

- Students are supervised a minimum of 15 hours per week with highly intensive professional training
- The training facility, instructors, and activities involved in the program are certified by the superintendent to be of exceptional quality
- Students qualifying and participating at this level are dismissed from school no more than one period per day
- Students do not miss any class other than physical education

Campus Program	Entity Providing Service
Ballet	Ballet Conservatory of South Texas
Ballet	Connally's Dance Workshop, Inc. (SA Metropolitan Ballet)
Ballet	Dance Center of San Antonio
Ballet	Pre Professional Ballet School of San Antonio
Ballet	San Antonio Ballet School
Barrel Racing	Dragging S Enterprises
Bouldering	Armadillo Boulders
Cheerleading	Rebecca Rios
Clay Targeting	Alamo Clay Crushers
Cycling	National Interscholastic Cycling Association
Dancing	Dorothy Keck Dancers
Equestrian	Russell Equestrian Center
Equestrian	San Antonio Polo Club
Fencing	Alamo Fencing Academy
Golf	First Tee Greater San Antonio
Golf	San Antonio Country Club
Golf	Michael Wray Performance Golf
Gymnastics	Aerial Athletics
Gymnastics	Maverick's Gymnastics
Gymnastics	Olympia Gymnastics and Cheer
Gymnastics	Sunburst Gymnastics Academy
Gymnastics	Acrobatic Gymnastics of San Antonio
Cheerleading	Rebecca Rios

**Category II**

- Students are well supervised by appropriately trained instructors
- Students participate in the physical activity for at least 5 hours per week
- Students who participate at this level are not dismissed from any part of the school day

Campus Program	Entity Providing Service
Ballet	Dance Center of San Antonio
Ballet	San Antonio Ballet School
Ballet	Thrive Dance Collective
Bouldering	Armadillo Boulders
Brazilian Jiu-Jitsu	ATOS
Cheerleading	Rebecca Rios
Cycling	National Interscholastic Cycling Association
Dancing	Dorothy Keck Dancers
Diving	Alamo Area Aquatics
Equestrian	Turkey Creek Stables
Equestrian	US Hunter/Jumpers Club
Fencing	Alamo Fencing Academy
Fencing	Olympian Fencing Club
Gymnastics	Maverick's Gymnastics
Gymnastics	Olympia Gym
Gymnastics	Olympia Gymnastics and Cheer
HorsemanSHIP Riding	Oak Valley Stables
Lacrosse	Forged Lacrosse
Swimming	Alamo Area Aquatics at AH
Taekwondo	ACTS Taekwondo
Tennis	Bonilla Tennis Academy
Tennis	FIT High Performance Tennis
Tennis	San Antonio Tennis Academy

Soccer	US Soccer Development Academy
Tennis	John Newcombe Tennis Academy
Tennis	Mark Hildebrand Tennis
Tennis	PH-Meta Tennis
Tennis	San Antonio Tennis Academy
Tennis	Whispering Oaks
Tennis	University of the Incarnate Word
Tennis	Ivic Oliver High Performance Tennis
Water Skiing and Wakeboarding	USA Water Ski and Wake Sports Organization (AWSA)

Tennis	University of the Incarnate Word
Tennis	Ivic Oliver High Performance Tennis
Water Polo	Alamo Area Aquatics at AH
Water Skiing and Wakeboarding	USA Water Ski and Wake Sports Organization (AWSA)