



Woodridge 2nd Grade PE Year at a Glance (YAG)



First Semester		Second Semester	
1 st Nine Weeks – 40 days		3 rd Nine Weeks – 45 days	
<p>TEKS 2.1AB</p> <p>2.1EFG</p> <p>2.1N 2.2A 2.5A</p> <p>2.1JKLM</p> <p>2.1ABCDEF</p> <p>2.5AB 2.7AB</p> <p>2.7AB</p> <p>2.4AB</p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: walk, run, hop, gallop, leap, slide, skip, chasing & fleeing</p> <p>Body Management: balance while performing a variety of activities including jumping and landing</p> <p>Manipulatives: demonstrate skills such as rolling, jumping, throwing, catching, kicking and striking using correct body alignment.</p> <p>Rhythms/Dance: steady beat, ribbons/streamers, individual jump rope</p> <p>Movement Concepts: personal space, boundaries, start/stop & levels of movement, pathways & directions</p> <p>Safety: gym & playground rules, water, restroom & emergency procedures</p> <p>Social: demonstrates self-direction & responsible behavior</p> <p>Health & Body: identify major body & location/function of the heart</p>	<p>TEKS 2.1ABCDEF</p> <p>2.1EFGHI</p> <p>2.1N</p> <p>2.1KL</p> <p>2.2A 2.3CD</p> <p>2.5BE</p> <p>2.7AB</p> <p>2.3ABCD</p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: combinations of different skills</p> <p>Body Management: stunts and rolling</p> <p>Manipulatives: foot passing & trapping</p> <p>Rhythms/Dance: rhythmic activities that include space awareness and basic movement</p> <p>Movement Concepts: strategies to increase speed</p> <p>Safety: Bike Rodeo safety</p> <p>Social: regularly encourages and works with others to achieve a common goal</p> <p>Health & Body: participates in activities that develop core strength and flexibility</p>
2 nd Nine Weeks – 43 days		4 th Nine Weeks – 45 days	
<p>TEKS 2.1ABCD</p> <p>2.1HN 2.2A</p> <p>2.1N</p> <p>2.1KLM</p> <p>2.3ABCD 2.4A</p> <p>2.5AB</p> <p>2.5AB 2.7AB</p> <p>2.3ABC 2.4AB</p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: demonstrates smooth transitions using locomotor skills in movement sequences</p> <p>Body Management: weight transfer that enables rolling, throwing & kicking with strong force and good behavior</p> <p>Manipulatives: hand dribble & foot dribble</p> <p>Rhythms/Dance: keeping a steady beat while using manipulatives, introduce long jump rope</p> <p>Movement Concepts: Mule Train</p> <p>Safety: equipment, climbing & exercise safety</p> <p>Social: safely uses all equipment in the appropriate manner</p> <p>Health & Body: understand the concept of pacing during cardiovascular activities</p>	<p>TEKS 2.1ABCD 2.6AB</p> <p>2.1EFGHI</p> <p>2.1N 2.2AB</p> <p>2.1L 2.4AB</p> <p>2.1ABFI</p> <p>2.5BCD</p> <p>2.1J 2.2A 2.7AB</p> <p>2.4ABCDEF</p>	<p style="text-align: center;">Units</p> <p>Locomotor Skills: combinations of different skills performed at varying directions and speeds</p> <p>Body Management: all aspects of balance both static and dynamic</p> <p>Manipulatives: volleying, striking with long-handed implements</p> <p>Rhythms/Dance: group fitness and Drum Fit</p> <p>Movement Concepts: demonstrate the ability to change directions and speed while maintaining balance and agility</p> <p>Safety: sun and water</p> <p>Social: uses feedback to improve performance and assist others in activities or skill development</p> <p>Health & Body: benefits of daily physical and factors that can affect physical performance</p>