



# Cambridge Fourth Grade PE Year at a Glance (YAG)



| First Semester   |   | Second Semester  |  |
|--|---|--|--|
| 1 <sup>st</sup> Nine Weeks – 40 days   |   | 3 <sup>rd</sup> Nine Weeks – 45 days   |  |
| <p><b>TEKS</b></p> <p>4.7D</p> <p>4.1ABCDEF</p> <p>4.2AB</p> <p>4.3AF</p> <p>4.4ABDEF</p> <p>4.5BC</p> <p>4.5BD</p> <p>4.7AB</p> <p>4.1DF</p> <p>4.2B</p> <p>4.3BCDE</p> <p>4.4C</p> <p>4.11B</p> <p>4.1CHI</p> <p>4.7C</p> <p>4.8B</p> <p>4.9D</p> <p>4.11B</p> <p>4.6A</p> <p>4.7B</p> <p>4.10C</p> <p>4.1D</p> <p>4.3AF</p> <p>4.6A</p> | <p><b>Units</b></p> <p>School Theme games (Character is our Game)<br/>*Jumbo Jenga, Twister, Yahtzee, Kerplunk</p> <p>Back to School wellness:<br/>*Dress for success<br/>*Traffic Light Eating, Brainy Breakfast, Phytonutrients (Hoop Mania, Steal the Bacon)<br/>*Unplug and Move</p> <ul style="list-style-type: none"> <li>• Read DOT (movement with book)</li> <li>• Siclovia</li> </ul> <p>Muscular System:<br/>*aerobic/anaerobic<br/>*Aerobic bowling</p> <p>*3 Components of Fitness<br/>*FitnessGram<br/>*FITT</p> <p>Perseverance: “Let’s Go”/<u>Wilma Unlimited</u>)<br/>*Mile Run<br/>*Kids Rock<br/>*Tug A War</p> <p>Family Play Date</p> | <p><b>TEKS</b></p> <p>4.1G</p> <p>4.1BDF</p> <p>4.3A</p> <p>4.4BE</p> <p>4.5A</p> <p>4.6A</p> <p>4.7C</p> <p>4.8B</p> <p>4.1J</p> <p>4.1EF</p> <p>4.2AB</p> <p>4.4ABGH</p> <p>4.4C</p> <p>4.1A</p> <p>4.9A</p> <p>4.5AC</p> <p>4.1HJ</p> <p>4.2C</p> <p>4.9E</p> <p>4.10A</p> <p>4.1D</p> <p>4.3F</p> <p>4.3B</p> <p>4.4I</p> <p>4.6AB</p> <p>4.11AC</p> <p>4.1B</p> | <p><b>Units</b></p> <p>Winter Sports</p> <p>Go Kids Challenge/New Year’s Resolutions</p> <p>Heart/Circulatory System:<br/>*Jump Rope for Heart/Hoops for Heart<br/>*Function of Heart<br/>*Heart Health</p> <p>*Giving from the Heart</p> <p>Super Bowl</p> <p>Bike Rodeo</p> <p>King Antonio routine<br/>*Tinikling/Drum Fit/Jump rope</p> <p>Maturation<br/>Kinetic Kids</p> <p>Heroes For Heart<br/>Spring stations<br/>*Spring Tabatas</p> <p>STARR<br/>*brainy breakfast (Hoop Mania)<br/>*healthy snacks (Steal the Bacon)</p> |
| 2 <sup>nd</sup> Nine Weeks – 43 days   |   | 4 <sup>th</sup> Nine Weeks – 45 days   |  |
| <p><b>TEKS</b></p> <p>4.2AB</p> <p>4.4G</p> <p>4.11B</p> <p>4.1G</p> <p>4.2AB</p> <p>4.5CD</p> <p>4.1HI</p> <p>4.2ACD</p>  | <p><b>Units</b></p> <p>Halloween:<br/>*Skeletal System<br/>Skeletal Square, Knock Out with stations<br/>*Halloween games<br/>*Boo Run</p> <p>Diabetes<br/>Mule Games/Camp Cambridge/Amazing Race<br/>Garden Run<br/>Turkey Tango</p> <p>Christmas</p> <p>Overhand Throw (Self and Peer Assessment)</p>  | <p><b>TEKS</b></p> <p>4.2C</p> <p>4.1A</p> <p>4.4E</p> <p>4.1DFG</p> <p>4.2BC</p> <p>4.4I</p> <p>4.1FG</p> <p>4.6B</p> <p>4.5D</p>   | <p><b>Units</b></p> <p>King Antonio auditions (Rubric)</p> <p>My Plate<br/>Egg-ercise</p> <p>Track Meet<br/>*4X100 Relay/Blind Handoffs<br/>*Running Long Jump<br/>*Hurdles<br/>*Steeple Chase</p> <p>Earth Day</p> <p>Cup stacking/Juggling</p> <p>Fun in the Sun<br/>*skin protection<br/>Power of sun screen game</p> <p>Human Foosball</p>   |



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Rotation Fridays:

Pacer: [4.1A](#)

Team Games: [4.1ABEK](#), [4.2A](#), [4.6AB](#), [4.7AB](#), [4.9BF](#), [4.10BC](#), [4.11E](#)

Beat Ball Baseball

GaGa Ball

Aerobic Kickball

Team Kickball

Mat Ball

Basket/kickball

Locker Room

Flag Tag